



## August 2017

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Dear CANNT Members,

I hope you are all enjoying the beautiful summer so far and taking advantage of the wonderful weather to relax and spend time with family and loved ones!

Recently KDIGO has announced a press release about their updated guidelines for living donation, you can follow the link here to see the update: <http://kdigo.org/kdigo-announces-publication-of-the-living-kidney-donor-guideline/>. To access the guidelines directly follow this link: <http://kdigo.org/guidelines/>. Long considered the gold standard treatment option for patients with end-staged renal disease, everyone who works with renal patients can have a role to play in promoting transplantation with living kidney donation as an option. Although many of us who work with renal patients may work in areas such as CKD clinics, peritoneal or hemodialysis and not necessarily directly in transplantation there are still many things that can be done to promote living kidney donation to both our patients and their support circles. Even if the nearest transplant centre is geographically distant or separated by other barriers here are some ideas to promote living donation awareness and to help make it more accessible to our patients:

- Ensure patients visit their GPs regularly. Sometimes patients who come for dialysis three times a week seek to have their primary care needs met at their dialysis unit. Although this may be convenient for some, it cannot replace primary care nor the important screening and prevention required to be approved as a recipient. For example, pap tests, cardiac testing and immunizations all need to be maintained and up to date.

- Promote screening for depression for patients who are high risk. Some studies indicate that up to 90% of patients dependent on dialysis suffer from depression. Referring patients to receive treatment can improve their adherence to the testing regimen and processes required to be considered for a transplant. Transplant centres are becoming increasingly creative with multiple trans-national

### Dates to Remember

**September 9 - 12, 2017**  
[EDTNA/ERCA International Conference](#)

**September 20, 2017**  
[Nephrology Healthcare Professionals Day](#)

**September 23 - 25, 2017**  
[ANNA Fall Meeting](#)

**September 27 - 28, 2017**  
[CANSW 2017 Conference](#)

**October 5 - 6, 2017**  
[BC Kidney Days](#)

**October 4 - 5, 2017**  
[REINQ Conference](#)

**October 16 - 17, 2017**  
[Knowledge Translation \(KT\) Basics](#)

**October 19 - 21, 2017**  
[CANNT Charting Our Course, Setting Sail for the Future](#)



**May 5 - 8, 2018**  
[17th Congress of the](#)

chains for living donation, with these initiatives which can require travel to another province for donors and/or patients, anxiety and stress levels can run even higher.

- Arrange an educational in-service even if it has to be by distance or webinar with your local transplant centre. Make sure everyone on your team knows who the up to date contacts are for any questions from staff, patients or potential donors.

- Ensure your waiting room is well stocked with information on living donation for families and patients. Placing a large green transplant ribbon somewhere where it will attract attention can be helpful in sparking conversations. Many patients feel unsure on how to approach the topic of being a living donor with their loved ones. One strategy is to approach a loved one about being their advocate, making sure the advocate has all the up to date information about becoming a living donor from the testing required to what life is like afterwards. The advocate can be the patient's spokesperson and approach potential donors in the patient's circle so the patient does not have to feel embarrassed by asking directly.

Do you have any tips to share about how to promote living donation as an option?

Share them with me at, [CANNT.directorcom@gmail.com](mailto:CANNT.directorcom@gmail.com)

Enjoy your summer!

Michele  
Director of Communications, CANNT Board of Directors



## CANNT 2017 Speakers

We know that you don't want to miss our extraordinary line-up of EXPERTS and PEERS that will be speaking!

Behaviour Change Management in Chronic Disease  
**Michael Vallis**

Sodium, Water and Fluid Volume  
**Amanda Miller**

[International Society for Peritoneal Dialysis](#)

**May 6 - 9, 2018**  
[7th International Nurse Education Conference](#)

## Stay Connected



## Forward to a Colleague

Do you have colleagues that don't receive our monthly newsletters? Please forward this to them using the link below.

## Your Feedback is Valued!

[Heather Reid](#)  
National Administrator

[Sharon Lapointe](#)  
Membership Coordinator

[Susan Mason](#)  
Website and Social Media

[Michele Trask](#)  
Director of Communications

[Join our Mailing List](#)

Secondary Causes of Hypertension  
**Jacquelyn Jayasinghe**

Management of ADPKD - A Canadian Perspective - What Can You Do About It In Your Clinic?

**Steven Soroka and Nicole Babineau**

Nurse Practitioner Role Vital for Vulnerable Patient Populations Living with Renal Disease

**Paulina Bleah**

Perception of the Nurse Practitioner Role Among Health Care Professionals in the Hemodialysis Unit

**Ann Jones, Alicia Moonesar, Alison Thomas, Elizabeth Ball, Mimi Cheng and Orla Smith**

A Journey from UFH to LMWH for Hemodialysis Circuit Anticoagulation

**Henry Chen and Karen McNeil**

Population-Based Screening in Wikwemikong Unceded First Nation

**Marc Hébert, Ruth Morton, Stephanie Winn and Mary Aiabens**

Precise Cannulation With ESSAX Technique

**Neil Penalosa**

Correct Start Initiative (Csi) - A Patient Engagement Approach to Promote Shared Decision-Making for Patients New On Hemodialysis

**Johanne Denis, Barb Gray and Kimmy Lau**

Integrating Research into Advanced Practice Nursing

**Ruth Martin-Misener**

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## **Education Credits**

Delegates may claim conference attendance, approximately 22 - 23 CL hours, as a continuous learning (CL) activity towards the renewal of their CNA credential.

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## **#CANNT2017**

## **Registration Information**

Early bird registration ends: **August 30, 2017**

Click [here](#) to register.

Click [here](#) for the conference brochure.

Click [here](#) for more information on this event.

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## Conference Sponsors



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## Career Opportunities

- 1 WORK IN AUSTRALIA - Clinical Nurse Consultant - Home Therapy - Tasmanian Health Service, Hobart, Tasmania  
Posted: July 26, 2017
- 2 Renal Services Manager - Royal Jubilee Hospital, Victoria, BC  
Posted: July 25, 2017
- 3 Clinical Services Manager - Renal Program, Brampton Civic Hospital and Etobicoke General Hospital, Brampton/Etobicoke, ON  
Posted: June 14, 2017

[Click here for more information.](#)

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