



December 2017

Happy Holidays CANNT Members!

I hope you are all filled with cheer and enjoying the holiday season! For this month's update, I would like to share with you what I heard from CANNT member Jeffrey L. Gilana, BSN, RN CNeph(C) from Vancouver, BC:

With the BC Kidney Days and CANNT 2017 just concluded in October, you may be wondering whether there is real value in attending a professional conference. Deciding whether or not to attend a conference can be tough. There are several factors to consider, such as money, travel time and days away from work. However, the benefits of attending a conference like can far outweigh the costs associated with it.

Professional development conferences such as BC Kidney Days and CANNT are an opportunity to learn more about the field you work in. Conference presentations allow you to engage in topics that you may not have personally encountered in the unit. These conferences bring you exceptional keynote speakers, allowing delegates the chance to learn from inspirational individuals about current issues.

A professional conference can be an excellent chance to network with other people in your field, allowing you to feel more integrated into your professional community. Many would argue that this is one of the most important benefits of attending a professional conference. Having a diverse professional network can be useful not only to your current position, but also for helping you learn what other opportunities might be available to you if the time comes when you are ready for a change.

Attending a conference may give you the opportunity to learn about a new place or culture, e.g. Nova Scotia, was such a beautiful place and atmosphere of its own, the food and music was fantastic and the people were very friendly. Use conferences as an opportunity not only for professional development, but also as a chance to develop personally.

Try to choose sessions that will most benefit you or your organization. Are you looking to develop a new skill for your job or to learn about a different area of your field? Are you searching for current information in the specialty of Nephrology? This allows you to learn about various aspects of your profession. If you're going with colleagues, try to attend different sessions to maximize your learning.

Take advantage of conference exhibitors. These can be a chance for you to learn what new products and services are available that could be of use to you or your organization.

Be social. CANNT, for example brought over 30 booths of the latest medical equipment and expertise. Look at a conference as a chance to meet new people, expand your professional network and learn what other people in your field are doing.

Finally, try to think of a conference as a small part of advancing the ultimate goal of your organization. Says Donna Gibson, Director of Library Services at the Memorial Sloan-Kettering Cancer Center Library, "Ultimately, the value of any conference comes from what (you) bring back and share. Returning with just one great idea truly makes the investment in time and money spent worthwhile. In essence, the conference shouldn't have an end date but be a springboard towards future ideas tailored to the needs of (your) staff.

If you missed this year's CANNT conference or would like a session refresher, you can find a link to Jeffrey's thoughtful summary [online here](#).

Wishing each of you a peaceful holiday season with visions of sugarplums!

Michele
Director of Communications, CANNT Board of Directors

Share your comments with me at:
CANNT.directorcom@gmail.com

Save the Date for CANNT 2018! October 25-27 | Quebec City



CANNT 2019 in Edmonton - Call for Planning Committee Members

We are seeking interested CANNT Members for the 2019 CANNT National Conference Planning Committee. The conference will take place in Edmonton, AB.

If you are interested in volunteering as a member of the Planning Committee, please contact the CANNT National Office at cannt@cannt.ca

CADTH Evidence Highlights: Home-Based Dialysis for the Treatment of End-Stage Kidney Disease

This summary is based on a Health Technology Assessment conducted by Canadian Agency for Drugs and Technologies in Health (CADTH) and recommendations developed by the Health Technology Expert Review Panel, an advisory body to CADTH.

View the Evidence Highlight: [Home-Based Dialysis for the](#)

Dates to Remember

May 3 - 5, 2018
[Canadian Society of Nephrology 2018 Annual General Meeting - 50th Anniversary](#)

May 5 - 8, 2018
[17th Congress of the International Society for Peritoneal Dialysis](#)

Stay Connected



Forward to a Colleague

Do you have colleagues that don't receive our monthly newsletters? Please forward this to them using the link below.

Your Feedback is Valued!

[Megan Lyons](#)
CANNT National Office

[Michele Trask](#)
Director of Communications

Canadian Kidney Knowledge Translation and Generation Network: Healthy Kidneys - Kidney Twins Project

Living with kidney disease is often overwhelming and involves a lot of information for patients and families. To help children, youth and families learn how to live well with chronic kidney disease, the Children's Hospital, Health Sciences Centre, Winnipeg, Canada developed this Kidney Health Education Resource (KHER). [View the modules online here.](#)

For more information, visit <https://www.cann-net.ca/>



Canadian Hemodialysis Access Coordinators

Some CANNT members have expressed interest in rejuvenating the Canadian Hemodialysis Access Coordinators (CHAC) specialty interest group of CANNT.

New members are welcome. If you are interested in participating in CHAC, please let us know at cannt@cannt.ca.

CANNT Webinars

CANNT members are invited to view the following recording which has recently been added to the CANNT website.

[Hyperphosphatemia - by Dr. Mandip Khela BSP ACPR PharmD](#)

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