

## March 2018

Dear CANNT/ACITN Members,

Today **World Kidney Day** aligns with **International Women's Day**. Let's take a moment to celebrate the hard work you are all doing for patients with kidney disease!

There is a lot to think and talk about - see below!

Sincerely,

Michele  
Director of Communications, CANNT Board of Directors

Share your comments with me at:  
[CANNT.directorcom@gmail.com](mailto:CANNT.directorcom@gmail.com)

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**Today is World Kidney Day! Join the Campaign!**

### Dates to Remember

**March 8, 2018**

[World Kidney Day](#)

**March 20-23, 2018**

[NANT Annual Symposium](#)

**April 10-14, 2018**

[NKF Spring Clinical Meeting](#)

**April 15-18, 2018**

[ANNA National Symposium](#)

**April 15-21, 2018**

[National Volunteer Week](#)

**April 19, 2018**

[Day in Dialysis Access 2018](#)

**May 3, 2018**

[22nd Annual Kidney Urinary Conference](#)

**May 3-5, 2018**

[Canadian Society of Nephrology 2018 Annual General Meeting - 50th Anniversary](#)

**May 5-8, 2018**

[17th Congress of the International Society for Peritoneal Dialysis](#)

**May 7-13, 2018**

[CNA National Nursing Week](#)

**June 18, 2018**



# & Women's Health

Include, Value, Empower

8 March 2018



World Kidney Day is a joint initiative of   International Federation of Kidney Foundations

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[7th Kidney Transplant Symposium](#)

June 18-20, 2018

[CNA Biennial Convention](#)

September 15- 18, 2018

[47th EDTNA/ERCA International Conference](#)

October 25-27

[CANNT National Conference: Our Past Will Guide Our Future](#)

November 1-2, 2018

[BC Kidney Days](#)

Stay Connected



Forward to a Colleague

Do you have colleagues that don't receive our monthly newsletters? Please forward this to them using the link below.

Your Feedback is Valued!

[Megan Lyons](#)

CANNT National Office

[Michele Trask](#)

Director of Communications

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World Kidney Day is a global awareness campaign aimed at raising awareness of the importance of our kidneys. This year's theme is **Kidneys & Women's Health: Include, Value, Empower**. Chronic kidney disease (CKD) is a worldwide public health problem with adverse outcomes of kidney failure and premature death. CKD affects approximately 195 million women worldwide and it is currently the 8th leading cause of death in women, with close to 600,000 deaths each year.

Show your support and tweet today with **#WorldKidneyDay** and follow World Kidney Day

Facebook: [World Kidney Day\\_Official](#)

Twitter: [@worldkidneyday](#)

Instagram: [world\\_kidney\\_day\\_official](#)

To learn more visit: <http://www.worldkidneyday.org/>

In 2018, World Kidney Day and International Women's Day will be marked on the same day, offering the opportunity to highlight the importance of women's health and particularly their kidney health. On what will be its 13th anniversary, the campaign will promote affordable and equitable access to health education, care and prevention for all women and girls globally.

## Kidneys & Women's Health

- Chronic Kidney Disease affects approximately 195 million **#women** worldwide. **#WorldKidneyDay**
- Chronic Kidney Disease is more likely to develop in **#women** compared to men, with an average 14% prevalence in women and 12% in men. **#BeAware #WorldKidneyDay**
- Chronic Kidney Disease is the 8th leading cause of death in **#women** causing more than 600,000 female deaths a year **#WorldKidneyDay**
- Some kidney diseases, such as **#lupus** nephropathy or kidney infection (acute or chronic pyelonephritis) typically affect **#women**. **#WorldKidneyDay**
- The prevalence of Chronic Kidney Disease is rising and may affect 3% of **#women** in their childbearing years - **#prevention #WorldKidneyDay**
- **#Women** who have Chronic Kidney Disease are at increased risk of negative health outcomes for the mother and the baby. **#BeAware**
- **#Pregnancy**-related complications increase the risk of kidney disease - **#women** who have **#preeclampsia** are 4-to-5 times more likely to develop kidney failure **#BeAware #WorldKidneyDay**
- Intensive dialysis can increase chances of successful pregnancy in **#women** with CKD **#WorldKidneyDay**
- In **#women** who have received successful kidney transplants, fertility can be restored and pregnancy-associated complications are much improved. **#WorldKidneyDay**

- While **#Women** tend more often to **#donate** organs, they are less likely to receive them. Kidneys are no exception. **#WorldKidneyDay**
- Education of **#women** protects both their health and their children's health. **#WorldKidneyDay**

[Symposium](#)

**April 15-21, 2018**  
[National Volunteer Week](#)

**April 18, 2018**  
[19th Annual Nephrology Education Day](#)

**April 19, 2018**  
[Day in Dialysis Access 2018](#)

**May 3, 2018**  
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**November 1-2, 2018**  
[BC Kidney Days](#)

[Join our Mailing List](#)

## Le Rein & la Santé de la Femme

Un facteur majeur à ne pas négliger

8 Mars 2018



World Kidney Day is a joint initiative of  
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## L'insuffisance rénale chronique (IRC) touche les femmes dans le monde entier

Le risque de développer une insuffisance rénale chronique est au moins aussi élevé chez la femme que chez l'homme, si pas plus élevé. Selon certaines études, il est plus probable que l'insuffisance rénale chronique se développe chez la femme que chez l'homme, avec une prévalence de 14% en moyenne chez la femme et 12% chez l'homme. Cependant il y a moins de femmes dialysées que d'hommes. Il y a au moins 3 raisons qui expliquent cela: la progression de l'insuffisance rénale chronique est plus lente chez la femme que chez l'homme, l'existence de barrières psychologiques et socio-économiques telles qu'une conscience plus faible de la maladie entraînant un commencement tardif ou l'absence de le non recours à la dialyse chez la femme et l'accès inégal aux soins qui est un problème majeur dans les pays qui n'ont pas l'accès universel aux soins de santé. La greffe de rein est également répartie de façon inégale, principalement à cause de facteurs sociaux, culturels et psychologiques: même dans certains pays qui offrent la greffe de rein et un traitement équitable pour les hommes et les femmes, les femmes ont plus souvent tendance à faire un don de rein et ont moins de chance d'en recevoir. Il y a donc un besoin évident d'aborder la question de l'accès équitable aux soins de santé pour les femmes dans le monde entier et de sensibiliser et d'éduquer pour leur favoriser l'accès aux traitements et à leur obtenir de meilleurs résultats en matière de santé.

Certaines maladies rénales, telles que la néphropathie lupique ou l'infection rénale (pyélonéphrite aiguë ou chronique) touchent généralement les femmes. La néphropathie lupique est une maladie rénale causée par une maladie auto-immune qui a pour caractéristique que le système immunitaire du corps attaque ses propres cellules et organes. La pyélonéphrite est une infection potentiellement grave qui concerne un seul ou les deux reins. Les infections rénales (à l'instar de la plupart des infections urinaires) sont plus fréquentes chez les femmes et les risques augmentent pendant la grossesse. Afin d'obtenir de bons résultats (comme pour la plupart des maladies rénales), le diagnostic et le traitement doivent être précoces.

## Celebrate International Women's Day Today and Everyday!

**#IWD2018 #PressforProgress**

With the World Economic Forum's 2017 Global Gender Gap Report findings telling us that gender parity is over 200 years away - there has never been a more important time to keep motivated and **#PressforProgress**. And with global activism for women's equality fuelled by movements like **#MeToo**, **#TimesUp** and more - there is a strong global momentum striving for gender parity.



International

And while we know that gender parity won't happen overnight, the good news is that across the world women are making positive gains day by day. Plus, there's indeed a very strong and growing global movement of advocacy, activism and support.

# Women's Day

International Women's Day is not country, group or organisation specific. The day belongs to all groups collectively everywhere. So together, let's all be tenacious in accelerating gender parity. Collectively, let's all Press for Progress. Now, more than ever, there's a strong call-to-action to press forward and progress gender parity. A strong call to #PressforProgress. A strong call to motivate and unite friends, colleagues and whole communities to think, act and be gender inclusive.

## Knowledge is Power

### DID YOU KNOW?

Internationally, purple is a colour for symbolising women. Historically the combination of purple, green and white to symbolise women's equality originated from the Women's Social and Political Union in the UK in 1908. Purple signifies justice and dignity. Green symbolises hope. White represents purity, but is no longer used due to 'purity' being a controversial concept. The introduction of the colour yellow representing a 'new dawn' is commonly used to signify a second wave of feminism. Thus purple with green represents traditional feminism, purple with yellow represents progressive contemporary feminism.

To learn more, visit <https://www.internationalwomensday.com/>

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## Registration for the 7th Kidney Transplant Symposium is Now Open!

This educational event is for Nurses and Allied Health Professionals who look after patients with kidney disease who may receive a transplant, as well as kidney donors.

To learn more visit: <http://stmichaelshospital.com/programs/kidney-transplant/educational-symposium.php>

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## CANNT Awards

There are MANY Bursaries, Grants and Awards that CANNT members can apply for each year. Members can also nominate a fellow CANNT member for their outstanding work in nephrology.

[Click here to view ALL Bursaries/Grants/Awards of Excellence available for CANNT members](#)

**Deadline to apply: May 1, 2018**

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## CANNT Board of Directors: Call For Nominations

The CANNT Nominating Committee is looking for CANNT/ACITN members to apply for the following positions on the CANNT/ACITN Board of Directors.

### Positions Available:

Director of Communications (2-year term)  
President-Elect/Treasurer (2-year term)

The positions commence October 2018 in Quebec City.

Apply online here:

[http://www.cannt.ca/en/members/call\\_for\\_nominations\\_for\\_the\\_cannt\\_board\\_of\\_directors.html](http://www.cannt.ca/en/members/call_for_nominations_for_the_cannt_board_of_directors.html)

**Deadline to apply: June 1, 2018**

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