

## May 2018

Dear CANNT/ACITN Members,

Starting May 6th we celebrate Nursing week with May 8th as Student Nurse Day and ending on May 12, Florence Nightingale's birthday! Please join us as we recognize renal nurses and care professionals across Canada and the world for the wonderful work they do!

In recognition of all Florence has done for our profession, I would like to share one of my favourite quotes from her:

*"I attribute my success to this - I never gave or took any excuse."*

I think this holds as true today as it did when she said it. Although Wikipedia describes Florence as a 'Statistician', she is best known to many of us for professionalizing nursing and for her contributions to public health during the Crimean war and beyond.

From the ISPD conference which is on until Tuesday, I have been lucky enough to speak with PD nurses and colleagues from around the globe about great initiatives, projects and patient care delivery that is being offered by PD teams. ISPD in Vancouver has been a truly inspiring conference and a very unique opportunity for Canada to host. There has been a great turn out from patients and their families, who have shared some moving experiences which I have been extremely privileged to hear. I hope to hang onto this inspiration and let it guide me in any future challenges to come.

In closing, I will offer one more great quote from Florence:

*"How very little can be done under the spirit of fear."*

All my best to each of you,

Michele

Director of Communications, CANNT Board of Directors

Share your comments with me at:

[cannt@cannt.ca](mailto:cannt@cannt.ca)



Florence Nightingale

### Dates to Remember

**May 3, 2018**

[22nd Annual Kidney Urinary Conference](#)

**May 3-5, 2018**

[Canadian Society of Nephrology 2018 Annual General Meeting - 50th Anniversary](#)

**May 5-8, 2018**

[17th Congress of the International Society for Peritoneal Dialysis](#)

**May 7-13, 2018**

[CNA National Nursing Week](#)

**May 12, 2018**

[International Nurses Day](#)

**June 18, 2018**

[7th Kidney Transplant Symposium](#)

**June 18-20, 2018**

[CNA Biennial Convention](#)

**September 15- 18, 2018**

[47th EDTNA/ERCA International Conference](#)

**October 25-27**

[CANNT National Conference: Our Past Will Guide Our Future](#)

**November 1-2, 2018**

[BC Kidney Days](#)

### #YesThisIsNursing





NATIONAL NURSING WEEK 2018

MAY 7-13



The week draws attention to nurses, increasing the awareness of the public, policy-makers and governments of the many contributions of nursing to the well-being of Canadians.

### Celebrate!

- Have a series of lunch-and-learn sessions where nurses from different practice areas present on their role and responsibilities
- Invite a nursing leader to present on a topic of interest to colleagues or community gatherings
- Plan a social outing with all the nurses in your organization
- Display nursing artifacts, such as school hats, pins and uniforms, in a prominent area of your workplace
- Organize a potluck lunch or a healthy snack break to bring nurses and other employees together
- On social media, tell others about the diversity of your role by using the #YesThisIsNursing hashtag
- Tell your nursing story on social media
- Offer to conduct a nursing careers session at a local school
- Suggest story ideas or offer to be interviewed by your local media, focusing on stories related to the NNW theme

Learn more at: <https://www.cna-aiic.ca/en/events/national-nursing-week#nnw>

### International Nurses Day is May 12 #IND2018



**I support the International**

### Stay Connected



### Forward to a Colleague

Do you have colleagues that don't receive our monthly newsletters? Please forward this to them using the link below.

### Your Feedback is Valued!

[Megan Lyons](#)

CANNT National Office

[Michele Trask](#)

Director of Communications

[Join our Mailing List](#)

# Council of Nurses and nurses' role in ensuring the human right to health”

@ICNurses

#IND2018

#VoiceToLead

[www.icnvoicetolead.com](http://www.icnvoicetolead.com)

International Nurses Day (IND) is celebrated around the world every May 12, the anniversary of Florence Nightingale's birthday!

*The International Council of Nurses (ICN) believes that health is a human right. ICN is at the forefront of advocating for access to health and nurses are the key to delivering it. All over the world, there are individuals and communities who are suffering from illness due to a lack of accessible and affordable health care. But we must also remember that the right to health applies to nurses as well! We know that improved quality and safety for patients depends on positive working environments for staff. That means the right to a safe working environment, adequate remuneration, and access to resources, and education. We must add to this the right to be heard and have a voice in decision making and policy development implementation! - International Council of Nurses*

Learn more about IND and the 2018 aim at: <https://2018.icnvoicetolead.com/>

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**#CANNTConnects: CANNT President Elect learning, collaborating and networking at the ANNA National Symposium in Vegas**





Left to right: Maria Teresa Parisotto, EDTNA Secretary, Alice Hellebrand, ANNA President, Janice MacKay, CANNT President Elect, Edita Noruisiene, EDTNA President

The 2018 American Nephrology Nurses Association Annual Symposium in Las Vegas was a valuable opportunity to meet with a diverse community of Nephrology professionals that are committed to enhancing their practice through learning, connecting and sharing their knowledge. - Janice MacKay

## #CANNTConnects: Dream Team Promotes Kidney Health at ISPD Conference in Vancouver #LoveYourKidneys



Left to right: Janice MacKay, CANNT President Elect, Michele Trask, CANNT Director of Communications, Heather Dean, CANNT President

## Nursing and Burnout: Breaking the Cycle

**Mindful Ethical Practice and Resilience Academy at Johns Hopkins helps nurses speak up, address moral dilemmas and move on in a healthy manner**

The statistic alone can cause distress: One third of newly licensed registered nurses leave the field after just two years. And yes, distress-moral distress, as it was named by ethicist Andrew Jameton-is a key culprit in the alarming burnout rate, says Professor Cynda Rushton of the Johns Hopkins School of Nursing.

Read the full story online at: <http://www.newswise.com/articles/nursing-and-burnout%3A-breaking-the-cycle>

Credit: Newswise

## Quoi de neuf?

### Webinaire sur la transplantation rénale et le don d'organes de donneurs vivants

Pour souligner la Semaine nationale de sensibilisation au don d'organes et de tissus, nous avons présenté, le 19 avril dernier, un webinaire animé par le Dr John Gill, clinicien-chercheur au St. Paul Hospital de Vancouver, et par Sylvie Charbonneau, présidente de La Fondation canadienne du rein, division du Québec. L'[enregistrement du webinaire](#) est maintenant disponible (anglais uniquement).



### Résultats et impacts de la recherche dans le domaine rénal

Le rapport **Résultats et impacts de la recherche dans le domaine rénal** de 2017 porte essentiellement sur la transplantation et les partenariats. La Fondation du rein est fière de s'associer à deux grands réseaux de recherche dans lesquels des patients jouent un rôle à part entière. [Consultez le rapport.](#)

### KRESCENT est à la recherche de patients pairs évaluateurs

Le Programme national de formation scientifique et d'encadrement des chercheurs spécialisés dans le domaine rénal (KRESCENT) entend intégrer des patients dans le processus d'évaluation des demandes de subventions qui lui sont adressées. [Apprenez-en davantage.](#)

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## Putting the ACITN in CANNT

We are thrilled to announce we published the first French article *eight years* in our 2018 premiere CANNT Journal/Journal ACITN Volume 28 (1): ***L'effet d'un programme de soin de pieds destiné aux infirmier(es) en hémodialyse pour la prévention d'ulcération*** by Monique Baxter and Suzanne Dupuis-Blanchard.

[Read it here!](#)

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## Blog Spotlight

### thenephrologist.com

#### Make it stop

*The distress call came to me fourth-hand in the form of an email. The colleague of a colleague's wife's father wondered if I could help because the father was contemplating stopping the peritoneal dialysis his wife had been helping him do at home for the last several years. He understood that if he stopped dialysis he would die within the next week or so. But death-and the sooner the better-was exactly what he wanted. So the itching would stop. The itching consumed him-and had been, all day, all night for the better part of a year. He scratched his itches until his skin bled and left sores behind. He scratched his itches instead of sleeping. He could see no end in sight. He didn't want to, he couldn't, wouldn't continue to live like this.*

Read the full story online at: <https://www.thenephrologist.com/blog/2016/05/08/make-it-stop>

Credit: thenephrologit.com

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## CANNT Board of Directors: Call For Nominations

The CANNT Nominating Committee is looking for CANNT/ACITN members to apply for the following positions on the CANNT/ACITN Board of Directors.

### Positions Available:

Director of Communications (2-year term)  
President-Elect/Treasurer (2-year term)

The positions commence October 2018 in Quebec City.

Apply online here:

[http://www.cannt.ca/en/members/call\\_for\\_nominations\\_for\\_the\\_cannt\\_board\\_of\\_directors.html](http://www.cannt.ca/en/members/call_for_nominations_for_the_cannt_board_of_directors.html)

**Deadline to apply: June 1, 2018**

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CANNT National Office | [www.cannt.ca](http://www.cannt.ca) | [cannt@cannt.ca](mailto:cannt@cannt.ca)

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