



October 2018

Dear CANNT/ACITN Members,

There was an error uploading the French content to the October *CANNT Connection* and as a result, this morning's webinar may have been missed. Our apologies! Please see the below. The French webinar can now be accessed on the ISN website below:

https://academy.theisn.org/isn/2018/Webinars/233300/denis.fouque.26.tarik.sqalli.html?f=menu=6*ce_id=1064*media=41*marker=327*browseby=8

Webinar en français le 19 octobre sur les "Aspects nutritionnels en hémodialyse" - inscrivez vous!

Dans la continuation de notre série de webinars de l'ISN dispensés en français, nous sommes heureux de vous informer que le dernier webinar en français de 2018 aura lieu demain vendredi 19 octobre à 12h30 (heure de Paris). Nous aurons le plaisir d'accueillir les Pr Denis Fouque et Tarik Sqalli, qui traiteront le sujet des Aspects nutritionnels en hémodialyse. Je vous invite à en prendre connaissance et à vous inscrire ci-dessous.

En attendant pour le prochain webinar, n'hésitez pas à découvrir ou ré-écouter nos webinars précédents en français, enregistrés et disponibles sur l' ISN Academy.

Dates to Remember

October 1 - November 16, 2018

[Foundations of Knowledge Translation Course](#)

October 25-27, 2018
[CANNT National Conference: Our Past Will Guide Our Future](#)

November 1-2, 2018
[BC Kidney Days](#)

April 12-15, 2019
[ISN World Congress of Nephrology](#)

Stay Connected



Forward to a Colleague

Do you have colleagues that don't receive our monthly newsletters? Please forward this to them using the link below.

Your Feedback is Valued!

[Megan Lyons](#)
CANNT National Office

[Michele Trask](#)
Director of Communications

Meet Ethan Holtzer, your next Director of Communications

What is it about people living with chronic kidney disease that led you to service this population?

The people and their stories. Working in Nephrology carries the privilege of supporting those living with CKD for years, sometimes decades. We earn the right to know our patients beyond their disease and are thus able to treat them as people first and patients second, an experience that in many ways is truly unique to our healthcare system.

I noticed you are in a director position at your current organization, what is it you would most like staff to know about leadership?

What comes to mind when you think of the traits of your favorite manager/boss? Is it their technical expertise, power or authority? Or is it their softer skills, such as their ability to motivate, understand, and listen?



Often we confuse leadership with those carrying strong technical expertise or wielding their positional power and authority. In reality, the most effective leaders earn the right to lead by applying

a skill set of emotional intelligence traits learned overtime.

WALKCANADA @KIDNEYO



What advice would you give to a nephrology nurse or tech who wanted to move into a leadership role?

Create opportunities and demonstrate your interest whether a role is available or not. This could include volunteering on committees or acting as a clinical champion for an upcoming project. Find a mentor to help you reflect on your practice and always ask and be open to feedback.

What do you know now that you wish you had known when you started in renal?

Three things I wish I had known where:

Some of the greatest insights into quality and safety improvements will come from the lived experiences of our patients. It's critical we engage patients and families in these discussions, especially

considering how often they interact with the health system.

How we approach and deal with our patient's disease has an impact on their ability to manage and trust our care. It is for this reason we need to constantly place a critical eye on what our policies and rules suggest to those we take care of. As well as consider where we can give up our power as providers, in order to give back control to our patients and families.

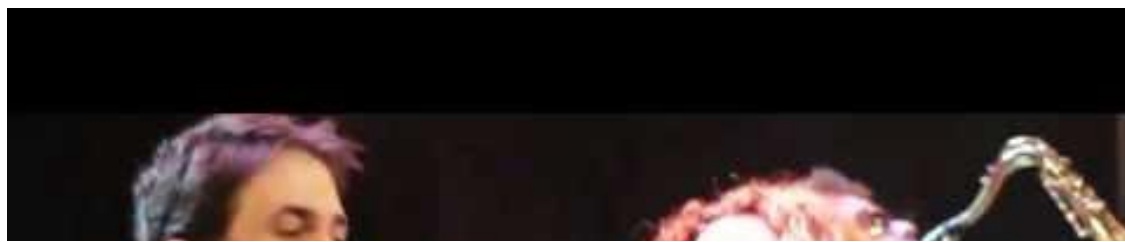
Nephrology nurses when supported and engaged have the knowledge and skills to have a profound impact on our patient's health and well-being. It is our job as leaders to create an environment that facilitates that engagement and proves to stakeholders the impact by measuring and comparing outcomes.

What do you love about CANNT and what do you think are the benefits of joining?

Our approach and the practice of Nephrology is consistently changing. In the absence of CANNT, we can easily fall into our silos of care. Attending the annual conference has always left our team motivated and excited to share what's happening across the country and the newsletters sustain us between each event. Being a member is certainly well worth it!

The Entertainment at the CANNT 50th Anniversary Ball will be hot hot hot!

[Join our Mailing List](#)





When: Friday, October 26, 1830-2300

Where: Hilton Quebec Hotel

Attire: Semi-formal

Cost: \$75.00

Buy your ticket online here: <http://www.canntconference.com/2018/registration/>

Thank You to our Sponsors!

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Team Work Makes the Dream Work!

In the September CANNT Connection, we asked our subscribers to share the fantastic work of their teams and colleagues with us! Check out below our wonderful nephrology shout outs!

I would like to shout out to Denise Fillier! She is a great asset to the Southern Alberta Renal Program. She is dedicated, resourceful, calm, and demonstrates empathy and understanding in how kidney failure impacts the lives of both caregivers and patients. Denise has acquired in-depth knowledge about caring for patients and the renal disease process through her CNeph education and training. Denise is a great nurse, manager, mentor, friend, and giver. Her

education and training. Denise is a great nurse, manager, mentor, friend, and giver. Her contributions through numerous committee work focused on kidney care in Calgary are admired and appreciated. - Scott Arbeau, RN, BScN

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Our Nephrology program at Humber River Hospital in Toronto celebrated National Nephrology Healthcare Professionals Day on Wednesday, September 19th, 2018 with a dinner, guest speakers and an awards ceremony for staff (4 awards for leadership, mentorship, point of care nurse and compassion, respect and professionalism). There were over 70 staff who attended the event and during the day, we distributed celebration cake to staff. - Patty Quinan, RN, MN, CNeph (c)

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As a Unit Manager in the Southern Alberta Renal Program, I am truly honored to work with the wonderful nursing care providers at the Northwest Hemodialysis Unit (uniquely located in a shopping mall), the Fanning Hemodialysis Unit (uniquely located in a LTC facility), and the Olds Dialysis Unit (located within a rural hospital in Olds, Alberta). Each one of these teams work within unique environments, giving specialized hemodialysis care. Each one of these hemodialysis unit teams face unique challenges, even amidst tough personal struggles of their own.

I am proud of every single staff member and the unique contributions each one gives to the

I am proud of every single staff member and the unique contributions each one gives to the team---"it takes a village to grow a child". The members of these teams are talented, empathetic and show they care, building relationships of trust and respect with vulnerable patients living the experience of kidney failure. I have a mountain of cards and notes from patients expressing their thankfulness for the acts of love and care they have received through the years! I would like to give a shout out to my teams for the exemplary care I have observed.

- Scott Arbeau, RN, BScN

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Don't Forget! Celebrate CANNT's 50th By Showing Off Your Team!

It's our 50th Anniversary and we want to celebrate our success!

At this year's CANNT conference we will be showcasing our members across the country. We encourage you to submit a photo of your nephrology team to include in our CANNT celebration montage in October.

Photos should include some sort of identification of your location/institution - show us your team!

We would like to receive photos by September 14 to give us time to prepare the presentation.

Even if you can't make it to this year's conference we would still like to include your photo in the presentation of CANNT in Canada! Email it to us at cannt@cannt.ca



How Best to Approach Someone on the Street if you Think Something is Wrong

With the dual problems of homelessness and the fentanyl health crisis taking their toll, it's an all-too-common street sight on Vancouver streets and alleyways - a person lying on the concrete.

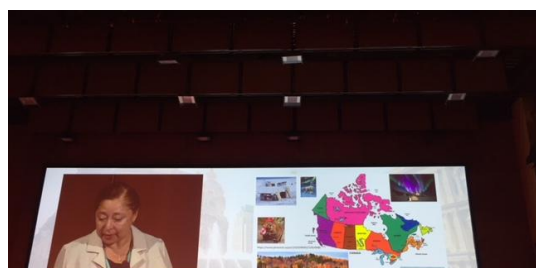
When we see them, questions swirl through our heads. Are they sleeping? Unconscious? Have they overdosed? Should I risk bothering them to see how they are? What kind of reaction might I get?

Some passersby turn a blind eye and carry on. Others, even those with the best intentions, may do the same. They may want to intervene, but simply don't know how.

To read the full article, click here: <http://phcnews.ca/news/street-etiquette-it-overdose>

Source: phcnews.ca

CANNT on the Move!





CANNT VP of Ontario, Rosa Marticorena presenting at EDTNA!

Launch of new global estimates on levels of physical activity in adults

More than 1.4 billion people worldwide are physically inactive, according to a new study led by WHO experts and published in the Lancet Global Health. High-income countries are more inactive compared with middle- and low-income countries.

These data show the need for all countries to improve and provide environments that support physical activity and increase opportunities for people of all ages and abilities, to be active every day.

Read the full article online here: <http://www.who.int/ncds/prevention/physical-activity/lancet-global-health-insufficient-physical-activity-2001-2016/en/>

Source: World Health Organization

CANNT Partners with ISN: Join the International Society of Nephrology and sponsor a nurse in a resource low country!

A new partnership between International Society of Nephrology (ISN) and the Canadian Association of Nephrology Nurses and Technologists/L'Association Canadienne des Infirmières et Technologues en Néphrologie (CANNT/ACITN) has been established. While it hopes to build international connections, it will also help nurses in low-resource countries get involved in global health first hand and gain access to training and education.

The ISN is a global nephrology society with ~ 10,000 members across the globe. It is a philanthropic organization dedicated to advancing kidney health worldwide, with the vision to achieve a future where all people have equitable access to sustainable kidney health. One of its avenues to achieve this is to include nurses in the ISN community.

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Interested in more information? Click [HERE](#).

Are you a Canadian nurse and ready to sign up? Click [HERE](#). When you select 'Renal Health Professional - non MD' as your area of activity, you will see the membership and sponsorship options.

Any questions about the partnership or process? Contact Jo-Ann Donner at jdonner@theisn.org.

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Job Postings update

- [Advanced Practice Nurse - Sunnybrook Health Sciences Centre - Toronto](#)
 - [Patient Care Manager II - Sunnybrook Health Sciences Centre - Toronto](#)
 - [PHC Clinical Informatics Specialist \(CST\) - Providence Health Care - Vancouver](#)
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CANNT National Office | www.cannt.ca | cannt@cannt.ca