



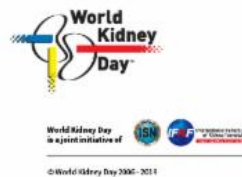
February 2019



Happy Valentine's Day CANNT!

As we look forward to what's upcoming in Nephrology, a reminder that World Kidney Day is **Thursday, March 14**. World Kidney Day (WKD) is the global campaign that aims at increase awareness of the importance of our kidneys to our health and of reducing the impact of kidney disease and its associated problems worldwide. If you or your program are organizing a WKD event, let us know! We would like to share your promotion of this day in our March or April newsletter.

You can send us your photos directly to cannt@cannt.ca or tag us on twitter @CANNT1



©World Kidney Day 2006-2018

To learn more about WKD you can do any of the following:

- **Spread the word by sharing messages on social media:** Tweet adding the hashtag **#worldkidneyday**. ISN has a [social media toolkit](#) with plenty of ideas and messages to share on March 14.
- **Organize an awareness raising event:** to get inspired on the type of event, download [ISN's event guide](#).
- **Involve local celebrities and press:** ask them to share their support to WKD cause on social media, invite them to your awareness raising event or try to reach out to local and national press, radio and TV stations.
- **Use ISN's campaign materials:** The [WKD material](#) is freely available for download and use under [specific conditions](#). Is your event dedicated to **school children**? Make use of the 2 educational [School Kits](#) created especially for them.

Looking forward to hearing from you,

Ethan Holtzer
Director of Communications, CANNT/ACITN Board of Directors

Dates to Remember

March 14, 2019
[World Kidney Day](#)

March 15, 2019
[Alberta Kidney Days](#)

March 19-22, 2019
[NANT DTX19: Dialysis Tech Connexion](#)

April 12-15, 2019
[ISN World Congress of Nephrology](#)

April 14-17, 2019
[ANNA 2019 National Symposium](#)

May 2-4, 2019
[Canadian Society of Nephrology 51st Annual General Meeting](#)

May 6-12, 2019
[National Nurses Week](#)

June 27-29, 2019
[Renal Society of Australasia Annual Conference](#)

September 14-17, 2019
[48th EDTNA/ERCA International Conference](#)

October 3-4, 2019
[BC Kidney Days](#)

October 24-26, 2019
[CANNT National](#)

Reminder: Abstract Submission Deadline Friday, February 15!

Abstract submissions should incorporate the theme-sharing our knowledge and experience-appropriate for the novice through to the advanced practice professional. Topics of interest may include: clinical research, innovative projects and solutions, ethics, case presentations and clinical reviews. All abstract submissions must be evidence-based.

Consistent with our theme, all poster and oral presenters will be encouraged to make their presentation within a story-telling framework. All abstracts must be submitted online through the online submission form here **by February 15:** <http://www.canntconference.com/2019/>

The 2019 CNA Certification Application Cycle is Now Open! Save 20% on Application!

CANNT Members can now receive a 20% discount to write the certification exam or renew your certification! Interested? Please contact us at cannt@cannt.ca to receive your voucher code*.

Fees for initial certification are on this webpage:

English: <https://cna-aiic.ca/en/certification/get-certified/initial-exam-fees>

French: <https://www.cna-aiic.ca/fr/certification/obtenez-votre-certification/frais-dexamen-initial>

Fees for renewing certification are on this webpage:

English: <https://cna-aiic.ca/en/certification/renewing-your-certification/renewal-fees>

French: <https://www.cna-aiic.ca/fr/certification/renouvellement-de-la-certification/frais-pour-renouvellement-de-la-certification>

**The voucher code is not valid for nurses applying to rewrite the exam or applying for inactive status. The discount will be applied to the CNA member rate or the non-member rate.*

Please contact us at cannt@cannt.ca or call us at 613-507-6053 / 1-877-720-2819 for assistance.

Nephrology News

Benefits and Barriers to and Desired Outcomes with Exercise in Patients with ESKD

Patients with ESKD are sedentary. When patient-identified barriers to exercise are addressed, recruitment and retention in exercise trials remain low, suggesting that the trial design may not resonate with them. Therefore, we conducted a survey of patients on dialysis to assess perceived benefits and barriers to exercise and discover preferred outcomes and exercise type by dialysis modality and age in anticipation of designing future randomized, controlled trials.

Read the full article online [here](#).

Peritoneal Dialysis Superior for Easing Post-PTx Hungry Bone Syndrome

Hungry bone syndrome following parathyroidectomy resolves more easily among patients on peritoneal dialysis (PD) than those on hemodialysis (HD), according to a new study.

Changying Xing, MD, and colleagues of The First Affiliated Hospital of Nanjing Medical University in China, compared data from 29 PD and 169 HD patients who underwent successful total parathyroidectomy (PTx) with autotransplantation.

Read the full article online [here](#).

Stay Connected



Forward to a Colleague

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Your Feedback is Valued!

[Ethan Holtzer](#)

Director of Communications

[Megan Howes](#)

CANNT National Office

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Study: Dialysis Is a Bigger Mortality Risk Than Some Cancers

Incident maintenance dialysis patients have worse survival than patients with some common solid organ cancers, according to new Canadian study.

Among men, those on dialysis had a significantly worse unadjusted 5-year survival probability (50.8%) than men with prostate cancer (83.3%) and colorectal cancer (56.1%), but significantly better survival probabilities than those with lung cancer (14%) and pancreatic cancer (9.1%). Among women, those on dialysis had a significantly lower unadjusted 5-year survival probability (49.8%) than women with breast cancer (82.1%) and colorectal cancer (56.8%), but a significantly higher probability than those with lung cancer (19.7%) and pancreatic cancer (9.4%).

Read the full article online [here](#).

Routine Laboratory Testing Every 4 Versus Every 6 Weeks for Patients on Maintenance Hemodialysis: A Quality Improvement Project

Few data exist revealing how the frequency of routine blood work for patients on maintenance hemodialysis therapy affects patient outcomes and the costs of care. Our objective was to determine the effect of changing the frequency of blood work from 4- to 6-week intervals on the achievement of anemia and chronic kidney disease-mineral and bone disorder (CKD-MBD) targets.

Read the full article online [here](#).

Job Postings

- [Registered Nurse - Dayton Valley, Alberta](#)
- [Registered Nurse - Rocky Mountain House, Alberta](#)
- [Nephrology Nurses - The Ottawa Hospital](#)

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