

#### October 2019

# **CANNT/ACITN News**



#### **CANNT 2019 Annual Conference: This Week!**

Join us on Friday and Saturday morning for some energizing yoga. This session is suitable to all! We will start with some gentle stretching and joint exercises and then move on to breathing exercises that are good for your mind and body. You do not need to bring mat. Towels will be available. Come and energize yourself for the day ahead!

# **CANNT 2019 SOCIAL PROGRAM SEE YOU THERE!**

# Join us for a night of Casino Games!

Ever wanted to learn how to play blackjacks, roulette, and craps? The 2019 CANNT Planning Committee invites you to test your luck and learn on Thursday night after the Opening Reception! This is a complimentary event! The River Cree Casino will run a few how to play tables! Win or lose, it will be a night to remember!



# **Rock the River** on Friday Night!

Join us Friday night for a rockin' evening of entertainment at the River Cree Resort & Casino.

#### **Dates to Remember**

October 26, 2019 CANNT AGM

October 24-26, 2019 **CANNT National** Conference:Sharing our Stories Down by the River

#### **Stay Connected**







#### Forward to a Colleague

Do you have colleagues that don't receive our monthly newsletters? Please forward this to them using the link below.

#### Your Feedback is Valued!

**Ethan Holtzer** Director of

Communications

**Megan Howes** 

Get Ready to be transported to an evening with delicious food, a live DJ, and an atmosphere that will have you thinking you're on a Riverboat having a grand ol' time! Tickets to the evening

of entertainment can be purchased online here: https://reg.planetreg.com/E521123454178352

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Non-member and member rates available.

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# Medtronic

#### **CANNT Journal Volume 29 Issue 3 Now Available!**

CANNT Members can access the Journal online here: <a href="https://cannt-acitn.ca/cannt-journal/">https://cannt-acitn.ca/cannt-journal/</a>

# **Nephrology News**

# Association between the Charlson Comorbidity Index and the risk of 30day unplanned readmission in patients receiving maintenance dialysis

Patients receiving maintenance hemodialysis (HD) and peritoneal dialysis (PD) are frequently hospitalized. Reducing unplanned 30-day hospital readmissions is a key priority for improving

the quality of health care. The purpose of this study was to assess the association between the Charlson Comorbidity Index (CCI), which has been used to evaluate multi-comorbidities status, and 30-day readmission in patients on HD and PD therapy.

Read the full article online

here: https://bmcnephrol.biomedcentral.com/articles/10.1186/s12882-019-1538-0

#### More, younger children receiving dialysis for acute kidney injuries

Hemodialysis use in children hospitalized with acute kidney injuries (AKIs) has increased over the last 2 decades, but it is not necessarily improving the outlook for these patients.

Researchers in Canada <u>published a report in the Clinical Journal of the American Society of Nephrology</u> revealing that although the use of hemodialysis to treat patients hospitalized with acute injury has increased, so has the risk for short-term mortality.

Read the full article online here: <a href="https://www.contemporarypediatrics.com/pediatrics/more-younger-children-receiving-dialysis-acute-kidney-injuries">https://www.contemporarypediatrics.com/pediatrics/more-younger-children-receiving-dialysis-acute-kidney-injuries</a>

### Reminder: Upcoming Webinars - The Kidney Foundation of Canada

The Kidney Foundation is holding some veryinteresting and informative webinars hosted by some noted kidney disease experts and patients. Mark your calendars and visit <a href="kidney.ca/webinars">kidney.ca/webinars</a> for registration information and to watch past webinars.



- Treatment Modalities with Dr. Joanne Kappel and Peggy Gillespie -October 21, 2019, 6:30pm EDT
- Treatment Modalities with Dr. Emilie Trinh October 22, 2019, 4:30pm EDT (in French)
- Self-Empowerment with Dr. Brenda Hemmelgard November 19, 2019 3:00pm EDT
- CKD and Mental Health with Dr. Gavril Herzc December 11, 2019, 3:00pm EDT

# **Career Opportunities**

### **Current Postings**

<u>Program Manager- Regional Renal Services</u>, <u>Renal and Palliative Care - Kingston Health Sciences Centre</u>

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